



BAR GRILL



**EST. 2004** 

# PRE-LAUNCH

"BIG DIPPER" SPINACH AND ARTICHOKE DIP | 12 Fried flour tortilla chips

**GALACTIC CRAB DIP | 13** Fried flour tortilla chips

**CRAWFISH BREAD | 13** Focaccia, Louisiana crawfish, cheddar-jack blend, parmesan

CRAB & CORN BISQUE | cup 7 / bowl 9 bowl comes with brioche toast

# **SOLAR SALADS**

DRESSINGS: Cosmic. Caesar. Supernova. Citrus Vinaiarette. Balsamic Vinaigrette, Raspberry Vinaigrette, Bacon Vinaigrette

SUPER STAR | 10 Spring mix, red onion, grape tomatoes, parmesan, choice of dressing

CAESAR | 10 Romaine, croutons, parmesan, caesar dressing

ANTHONY BOURDAIN | 16 Romaine, grilled Gulf shrimp, goat cheese, chopped bacon, pickled red onion, creamy bacon vinaigrette

#### **PETITE APOLLO | 14**

Fried Gulf shrimp, sliced avocado, Apollo sauce

#### **CRAWFISH STUFFED AVOCADO | 9**

The legend returns. Fried avocado, Louisiana crawfish, cheddar-jack blend, herbs & spices

FRIED CHEESE | 8 Marinara or Cosmic

FRIED GREEN BEANS | 12 Cosmic

FRIED MUSHROOMS | 11 Cosmic

FRIED PICKLES | 9 Cosmic

#### **ADD-ONS:**

Chicken | 6 Gulf Shrimp | 7 Louisiana Crawfish | 7 Yellowfin Tuna | 8 Atlantic Salmon | 9 Fresh Veggies | 4 Ambrosia | 4 (feta, candied pecans, dried cranberries) Avocado | 1

# STELLAR SANDWICHES

#### **SUN BURGER | 14**

Ground chuck or ground turkey, pickles, red onion, lettuce, tomato, jalapeño mayo

#### MERCURY | 13

Roast beef, swiss, sautéed mushrooms, onions & bell peppers, garlic herb mayo

#### **VENUS | 14**

Gulf shrimp, swiss, avocado, sautéed mushrooms, lettuce, tomato, jalapeño mayo

#### **EARTH BURGER | 13**

Veggie patty, avocado, red onion, lettuce, tomato, garlic herb mayo

#### **MARS | 13**

Turkey, provolone, swiss, olive mix, sautéed mushrooms, lettuce, tomato, garlic herb mayo

### JUPITER | 13

Roast beef, provolone, sautéed mushrooms & onions, lettuce, tomato, garlic herb mayo

#### SATURN | 13

Turkey, feta, avocado, sautéed mushrooms, lettuce, tomato, jalapeño mayo

#### Served with Seasoned Crispy Fries and choice of bun:

Sourdough Wheat, Jalapeño Cheese Sourdough or Wrap, Brioche

#### **URANUS | 15**

Pork chop, bacon, cheddar, egg, avocado ialapeño mavo

### NEPTUNE | 15

Yellowfin tuna, lettuce, tomato, jalapeño mayo

#### **NEPTUNA MELT | 15**

Yellowfin tuna, provolone, pickles, jalapeño mayo (patty melt style)

**NOLA SLIDERS | 14** Two fried redfish sliders, lettuce, remoulade, served on potato buns

### PLUTO | 13

Chicken, swiss, sautéed mushrooms & onions, lettuce, tomato, jalapeño mayo

#### FIRES OF PLUTO | 13

Chicken, buffalo sauce, cheddar, monterey jack, lettuce, tomato, jalapeño mayo

#### Austin PLUTO | 13

Chicken, barbeque sauce, monterey jack, sautéed onions, lettuce, tomato, jalapeño mayo

#### Da Vinci PLUTO | 13

Chicken, provolone, marinara, sliced turkey, garlic herb mayo





### **SEAFOOD**



Yellowfin tuna steak, lemon butter cream sauce

#### **DRAGON TUNA | 22**

Yellowfin tuna steak, honey spice glaze

#### **BRUCE LEE TUNA | 23**

Sliced Yellowfin tuna steak, sliced avocado, Supernova sauce

#### TUNA OR SALMON CASSIDY | 25 / 27

Yellowfin tuna or Atlantic salmon, grilled Gulf shrimp, sautéed mushrooms, artichoke hearts & chopped tomatoes, citrus seafood sauce

#### FRIED SHRIMP BASKET | 16

served with Fries

#### FRIED REDFISH BASKET | 17

served with Fries

**MAUI SALMON | 27** 

ORION SALMON | 25 Atlantic salmon, candied pecans, sweet and spicy pecan glaze

#### **REDFISH IAN | 28**

Redfish, lump crab, sautéed spinach & mushrooms, seafood cream sauce

Atlantic salmon, grilled Gulf shrimp, sautéed pineapples, pineapple barbecue sauce

#### **REDFISH CAPRICORN | 27**

Redfish, crab & corn bisque \*Pro-Tip - order it fried!

#### **REDFISH APOLLO | 28**

Redfish, fried Gulf shrimp, sliced avocado, crab au gratin sauce

(HOUSE TEMP ON TUNA IS MEDIUM RARE)

### BEEF

8 oz. Filet | 29 8 oz. Hanger Steak | 21

#### PATRICIA | 14

Grilled Gulf shrimp, lump crab, double cream brie, red wine sauce

#### AURORA | 12

Lump crab, red wine sauce

#### STELLA BLUE | 11

Grilled Gulf shrimp, blue cheese crumble, red wine sauce

#### NANETTE | 11

Louisiana crawfish, Apollo sauce

### CHICKEN

#### **CHICKEN ELLA | 20**

Louisiana crawfish, basil cream sauce

#### **CHICKEN CASSIDY | 22**

Grilled Gulf shrimp, sautéed mushrooms, artichoke hearts & chopped tomatoes, citrus seafood sauce

#### **CHICKEN PENELOPE | 22**

Louisiana crawfish, sautéed mushrooms & artichoke hearts, monterey jack, cheddar, jalapeño citrus aioli

## **DESSERTS**

#### CHEESECAKE | 7

Choice of raspberry, caramel, chocolate or vanilla drizzle

#### TRIPLE CHOCOLATE CAKE | 7

Dressed with chocolate drizzle

#### YIN YANG | 12

Slice of both cheesecake & chocolate cake topped with vanilla & chocolate drizzle \*Great for sharing!

# **SATELLITE SIDES**

Garlic Cheddar Mashed Potatoes | 4 Creamed Spinach | 4 Fried Green Beans | 5 Seasoned Crispy Fries | 4 **Sweet Potato Waffle Fries | 4 Grilled Mixed Veggies | 4** Side Salad | 4 **Brioche Toast | 4** 



# DRINK MENU

# THANK YOU!

Thank you for choosing to dine at Luna Bar and Grill! Please remember that all of our food is carefully hand made with love! Your patience is greatly appreciated! 20% gratuity will be added to all parties of 6 or more. BUY A ROUND OF BEER FOR THE KITCHEN - \$18. THANK YOU FOR EATING LOCAL! #GetDownDowntown #GetDownSouth

Need your next event catered? Email our catering team at Iunabarand grill catering @gmail.com

